

C Competitie deel 1
alkmaar, 4.10.2009

Programmanr. 2
4-10-2009 - 13:30

Meisjes, 4 x 100m vrije slag

Meisjes Junioren 3 en later
Resultaten

| Rang | | | In.tijd | | Tijd |
|------|-----------------------|---------------|-----------------------|----|----------------|
| 1. | DAW-FINENZO 1 | DAW-FINENZO | 4:32.78 | | 4:35.89 |
| | Sophie Padt 96 | 1:08.00 | Rebecca Martens 96 | 96 | |
| | Laura Stokx 96 | | Tess de Boer 96 | 96 | |
| 2. | DAW-FINENZO 2 | DAW-FINENZO | 4:58.64 | | 4:54.82 |
| | Elena Peeters 96 | 1:11.84 | Nathalja Wiersma 96 | 96 | |
| | Yvanna Zuurveld 97 | | Fenke Bosschert 97 | 97 | |
| 3. | MSV- Zeemacht 1 | MSV- Zeemacht | 4:56.46 | | 4:55.95 |
| | Renee v.d. Brink 96 | 1:12.39 | Kyra Wijnker 98 | 98 | |
| | Anouk van de Sandt 96 | | Britt Gerritse 96 | 96 | |
| 4. | Ed-Vo 1 | Ed-Vo | 5:00.74 | | 4:57.78 |
| | Janine Kroon 96 | 1:11.44 | Annemarie Otte 96 | 96 | |
| | Isabelle Otte 97 | | Lara Deul 96 | 96 | |
| 5. | ZV Waterland 1 | ZV Waterland | 5:18.36 | | 5:18.66 |
| | Roanne Stolk 98 | 1:27.00 | Saritha van Zanten 98 | 98 | |
| | Monica Schouten 96 | | Lisa Schellinger 96 | 96 | |

Programmanr. 3
4-10-2009 - 13:35

4 x 50m wissel Mix Meisjes Junioren 1 e.l. en Jongens Minioren 6 e.l.
Resultaten

| Rang | | | In.tijd | | Tijd |
|------|--------------------------|---------------|-----------------------|----|----------------|
| 1. | DAW-FINENZO 1 | DAW-FINENZO | 2:53.57 | | 2:49.24 |
| | Jasmijn Padt 99 | 45.80 | Raoul Lieverst 99 | 99 | |
| | Frank Dekker 98 | | Kimberley Kort 98 | 98 | |
| 2. | Ed-Vo 1 | Ed-Vo | 2:47.90 | | 2:50.80 |
| | Merel Tol 98 | 46.35 | Bas Vlugt 99 | 99 | |
| | Michelle Verhoeven 00 | | Sander Karregat 98 | 98 | |
| 3. | ZV Waterland 1 | ZV Waterland | 2:52.18 | | 2:53.39 |
| | Nanne Brugman 99 | 51.39 | Rick van Zanten 98 | 98 | |
| | Roanne Stolk 98 | | Saritha van Zanten 98 | 98 | |
| 4. | MSV- Zeemacht 1 | MSV- Zeemacht | 2:52.46 | | 2:59.21 |
| | Anouk Zandbergen 98 | 44.95 | Jordi de Nijs 98 | 98 | |
| | Suzanne van den Brink 99 | | Sander Kesselaar 99 | 99 | |
| 5. | DAW-FINENZO 1 | DAW-FINENZO | 3:12.26 | | 3:03.18 |
| | Erik Bult 99 | 47.85 | Leonie Vos 99 | 99 | |
| | Nicolah Cowles 99 | | Joost van Erkelens 99 | 99 | |
| 6. | Ed-Vo 2 | Ed-Vo | 3:18.08 | | 3:11.51 |
| | Chantal Hetjes 00 | 50.59 | Mike Schilder 00 | 00 | |
| | Daphne de Groot 00 | | Rico Tol 98 | 98 | |
| DIS | DAW-FINENZO 3 | DAW-FINENZO | 3:21.97 | | ea |
| | Jason Macleod 00 | 53.51 | Tarryn Macleod 98 | 98 | |
| | Max Pusch 98 | | Denise Boonstra 99 | 99 | |

C Competitie deel 1
alkmaar, 4.10.2009

Programmanr. 4
4-10-2009 - 13:40

Dames, 100m schoolslag

Dames Senioren Open
Resultaten

| Rang | | | In.tijd | | 50m | 100m |
|------|-------------------|---------------|---------|--------------|-----|---------|
| 1. | Ilana Schaap | DAW-FINENZO | 1:23.27 | 9102714 | | 1:27.63 |
| 2. | Monique Tol-Tuijp | Ed-Vo | 1:25.89 | 6900800 FJ 1 | | 1:27.75 |
| 3. | Ilona Hogerheyde | DAW-FINENZO | 1:26.42 | 7400224 FJ 2 | | 1:27.75 |
| 4. | Sandra Kok | Ed-Vo | | NT 9107424 | | 1:27.89 |
| 5. | Tessa Mosch | MSV- Zeemacht | 1:25.10 | 9102172 | | 1:28.36 |
| 6. | Sarah de Waart | ZV Waterland | 1:28.09 | 9103400 | | 1:28.57 |
| 7. | Ryanne van Gulik | ZV Waterland | 1:27.48 | 8905470 | | 1:29.40 |
| 8. | Rosa Schot | DAW-FINENZO | 1:35.41 | 9207500 | | 1:29.68 |
| 9. | Chantal Molenkamp | DAW-FINENZO | 1:29.82 | 9002624 | | 1:30.52 |
| 10. | Jenny de Does | Ed-Vo | 1:33.36 | 8200400 | | 1:31.04 |
| 11. | Agnes de Does | Ed-Vo | 1:34.66 | 8200398 | | 1:31.57 |
| 12. | Cathy Kalverboer | ZV Waterland | 1:30.51 | 9101528 | | 1:32.59 |
| 13. | Marianne Bakker | MSV- Zeemacht | 1:31.16 | 8500104 | | 1:33.48 |

Programmanr. 5
4-10-2009 - 13:45

Heren, 400m vrije slag

Heren Senioren Open
Resultaten

| Rang | | | In.tijd | | 100m | 200m | 300m | 400m |
|-------|-----------------|---------------|---------|------------|------|------|------|---------|
| 1. | Richard Veerman | Ed-Vo | 4:34.86 | 9106345 | | | | 4:21.61 |
| 2. | Jordy Kok | ZV Waterland | 4:21.12 | 8701783 | | | | 4:23.23 |
| 3. | Fred Bond | Ed-Vo | 4:32.32 | 8905697 | | | | 4:29.79 |
| 4. | Arjan Baron | DAW-FINENZO | 4:31.22 | 9100067 | | | | 4:34.00 |
| 5. | Nicky Kok | ZV Waterland | 4:33.04 | 8801931 | | | | 4:34.65 |
| 6. | Wouter Dogger | MSV- Zeemacht | 5:00.00 | 8400515 | | | | 4:36.95 |
| 7. | Rian Visser | DAW-FINENZO | 4:43.50 | 9007141 | | | | 4:39.98 |
| 8. | Rob Tol | Ed-Vo | 4:57.26 | 9205459 | | | | 4:48.92 |
| 9. | Rene de Boer | DAW-FINENZO | 4:29.23 | 6400087 | | | | 4:53.13 |
| 10. | Robin Schilder | Ed-Vo | 5:13.54 | 9006787 | | | | 4:54.23 |
| 11. | Matthijs Dinkla | ZV Waterland | 4:48.49 | 9000687 | | | | 4:54.79 |
| 12. | Loege Schilder | Ed-Vo | | NT 7801683 | | | | 5:01.82 |
| 13. | Paul Schuurmans | MSV- Zeemacht | 5:06.34 | 8904791 | | | | 5:02.77 |
| 14. | Gerben Rozie | MSV- Zeemacht | 5:09.58 | 9002507 | | | | 5:02.89 |
| AFGEM | Michael Bes | MSV- Zeemacht | 4:48.22 | 7201205 | | | | |

Programmanr. 6
4-10-2009 - 13:55

Dames, 100m rugslag

Dames Senioren 2 en later
Resultaten

| Rang | | | In.tijd | | 50m | 100m |
|------|------------------------|---------------|---------|---------------|-----|---------|
| 1. | Evelien Jurriansen | MSV- Zeemacht | 1:14.38 | 9207504 | | 1:12.09 |
| 2. | Dieuwertje Jorink | DAW-FINENZO | 1:14.75 | 9302306 | | 1:17.20 |
| 3. | Ilse van Niekerk | DAW-FINENZO | 1:18.96 | 9406180 | | 1:18.82 |
| 4. | Rozemarijn de Waart | ZV Waterland | 1:22.42 | 9201954 | | 1:21.37 |
| 5. | Sharon Snoek | Ed-Vo | 1:29.26 | 9207734 | | 1:24.79 |
| 6. | Marije Visser | MSV- Zeemacht | 1:29.35 | 9307660 | | 1:24.91 |
| 7. | Angela Tol | Ed-Vo | 1:25.15 | 9307222 | | 1:26.77 |
| 8. | Katelijan IJssennagger | DAW-FINENZO | 1:27.04 | 9306764 | | 1:27.06 |
| 9. | Elise Keijzer | Ed-Vo | 1:27.86 | 9207456 | | 1:30.68 |
| 10. | Iris van de Sandt | MSV- Zeemacht | 1:48.34 | 9307568 | | 1:48.64 |
| DIS | Renee Huster | ZV Waterland | | NT 9204908 RD | | 1:29.29 |

C Competitie deel 1
alkmaar, 4.10.2009

Programmanr. 7
4-10-2009 - 14:00

Jongens, 200m schoolslag

Jongens Jeugd 2 en later
Resultaten

| Rang | | In.tijd | 50m | 100m | 150m | 200m |
|-------|--------------------|---------------|---------|--------------|------|---------|
| 1. | João Schilder | ZV Waterland | 2:43.81 | 9202145 | | 2:40.96 |
| 2. | Kees Veerman | Ed-Vo | 2:46.80 | 9205457 | | 2:41.04 |
| 3. | Nick Venema | ZV Waterland | 2:47.64 | 9300951 | | 2:46.50 |
| 4. | Bryan Kroon | Ed-Vo | 2:48.88 | 9402341 FJ 1 | | 2:51.27 |
| 5. | Sverre Eschweiler | MSV- Zeemacht | 2:54.83 | 9204035 FJ 2 | | 2:51.27 |
| 6. | Sander Kesting | ZV Waterland | 2:56.94 | 9202141 | | 2:56.00 |
| 7. | Bas Cavadino | Ed-Vo | 3:06.10 | 9206887 | | 3:00.40 |
| 8. | Vincent Schram | DAW-FINENZO | 3:05.62 | 9402041 | | 3:01.67 |
| 9. | Tim de Graaf | ZV Waterland | 3:00.35 | 9202137 | | 3:04.98 |
| 10. | Pepijn Jorink | DAW-FINENZO | 3:27.60 | 9502575 | | 3:07.86 |
| 11. | Richard Brink | MSV- Zeemacht | 3:12.29 | 9203691 | | 3:15.44 |
| 12. | Maikel Boes | ZV Waterland | 3:18.02 | 9204629 | | 3:19.06 |
| NG.ZA | Tom van der Zijden | DAW-FINENZO | 3:05.27 | 9306889 | | |

Programmanr. 8
4-10-2009 - 14:10

Meisjes, 200m vrije slag

Meisjes Jeugd 2 en later
Resultaten

| Rang | | In.tijd | 50m | 100m | 150m | 200m |
|------|---------------------|---------------|---------|---------|------|---------|
| 1. | Lisa Koster | DAW-FINENZO | 2:17.34 | 9401682 | | 2:20.66 |
| 2. | Suzanne Mosch | MSV- Zeemacht | 2:18.09 | 9400548 | | 2:21.36 |
| 3. | Tess de Boer | DAW-FINENZO | 2:29.91 | 9601516 | | 2:25.07 |
| 4. | Esmee Bont | Ed-Vo | 2:28.03 | 9502336 | | 2:25.43 |
| 5. | Melissa Eliveld | DAW-FINENZO | 2:32.23 | 9500524 | | 2:35.31 |
| 6. | Sabrina van der Vis | ZV Waterland | 2:37.10 | 9503298 | | 2:36.61 |
| 7. | Anouk van de Sandt | MSV- Zeemacht | 2:39.66 | 9604628 | | 2:40.25 |
| 8. | Ilse van Niekerk | DAW-FINENZO | 2:29.83 | 9406180 | | 2:40.84 |
| 9. | Hester Boes | ZV Waterland | 2:40.01 | 9403670 | | 2:41.16 |
| 10. | Annemarie Otte | Ed-Vo | 2:50.36 | 9603810 | | 2:56.48 |
| 11. | Manon Sier | Ed-Vo | 2:57.94 | 9403210 | | 2:58.88 |
| 12. | Merel Versteeg | DAW-FINENZO | 3:15.23 | 9704836 | | 3:19.28 |

Programmanr. 9
4-10-2009 - 14:15

Jongens, 100m schoolslag

Jongens Junioren 4 en later
Resultaten

| Rang | | In.tijd | 50m | 100m |
|------|------------------|---------------|---------|---------|
| 1. | Ruben Tol | Ed-Vo | 1:19.93 | 9501119 |
| 2. | Gerco Kalverboer | ZV Waterland | 1:18.54 | 9400231 |
| 3. | Rico Roels | DAW-FINENZO | 1:22.26 | 9403119 |
| 4. | Job Boersma | DAW-FINENZO | 1:27.79 | 9501185 |
| 5. | Christiaan Zwaal | MSV- Zeemacht | 1:24.39 | 9503881 |
| 6. | Glenn Smit | DAW-FINENZO | 1:25.08 | 9401599 |
| 7. | Paul de Graaf | ZV Waterland | 1:23.87 | 9500107 |
| 8. | Rowdy Spaltman | DAW-FINENZO | 1:35.34 | 9501747 |
| 9. | Remco Tol | Ed-Vo | 1:31.83 | 9501505 |
| 10. | Koen Kesting | ZV Waterland | 1:26.45 | 9400225 |
| 11. | Jasper Falk | DAW-FINENZO | 1:35.61 | 9502785 |
| 12. | Tim Huisintveld | DAW-FINENZO | 1:46.97 | 9504301 |
| 13. | Sam Buter | DAW-FINENZO | 1:45.47 | 9502783 |

C Competitie deel 1
alkmaar, 4.10.2009

Programmanr. 10
4-10-2009 - 14:20

Dames, 50m rugslag

Dames Senioren Open
Resultaten

| Rang | | In.tijd | | Tijd |
|------|---------------------|---------------|---------------|-------------------|
| 1. | Tessa Mosch | MSV- Zeemacht | 32.64 9102172 | 33.07 |
| 2. | Ingrid de Does-Sier | Ed-Vo | 34.78 8000996 | 35.51 |
| 3. | Ilana Schaap | DAW-FINENZO | 34.90 9102714 | 35.81 |
| 4. | Sarah de Waart | ZV Waterland | 36.22 9103400 | 35.90 |
| 5. | Monique Tol-Tuijp | Ed-Vo | 35.64 6900800 | 36.54 |
| 6. | Lisa Bakels | Ed-Vo | 34.28 9000106 | 36.60 |
| 7. | Sandra Kok | Ed-Vo | NT 9107424 | 36.87 |
| 8. | Agnes de Does | Ed-Vo | 36.43 8200398 | 37.09 FJ 1 |
| 9. | Ilona Hogerheyde | DAW-FINENZO | 36.41 7400224 | 37.09 FJ 2 |
| 10. | Chantal Molenkamp | DAW-FINENZO | 35.87 9002624 | 37.20 |
| 11. | Joyce Geschiere | Ed-Vo | 38.52 9007526 | 37.89 |
| 12. | Cathy Kalverboer | ZV Waterland | 37.15 9101528 | 38.00 |
| 13. | Sophie Padt | DAW-FINENZO | 37.16 9601514 | 38.09 |
| 14. | Jenny de Does | Ed-Vo | 37.89 8200400 | 38.58 |
| 15. | Ashley Schouwenaar | MSV- Zeemacht | 40.20 9205692 | 39.89 |
| 16. | Stephanie Havenaar | ZV Waterland | 37.62 8901604 | 40.15 |
| 17. | Marianne Bakker | MSV- Zeemacht | 39.12 8500104 | 40.16 |
| 18. | Ellen van Driel | ZV Waterland | 40.55 9000906 | 41.72 |
| 19. | Mieke van Driel | ZV Waterland | 40.22 8901008 | 42.20 |

Programmanr. 11
4-10-2009 - 14:25

Heren, 100m wisselslag

Heren Senioren Open
Resultaten

| Rang | | In.tijd | 50m | 100m |
|-------|----------------------|---------------|----------------------|---------|
| 1. | Fred Bond | Ed-Vo | 1:02.56 8905697 | 1:02.89 |
| 2. | Rian Visser | DAW-FINENZO | 1:06.44 9007141 FJ 1 | 1:05.07 |
| 3. | Tom van Gulik | ZV Waterland | 1:04.57 8400799 FJ 2 | 1:05.07 |
| 4. | Richard Veerman | Ed-Vo | 1:04.69 9106345 | 1:05.08 |
| 5. | Kevin vd Poll | DAW-FINENZO | 1:04.61 8602429 | 1:05.42 |
| 6. | Paul Schuurmans | MSV- Zeemacht | 1:05.18 8904791 FJ 1 | 1:05.81 |
| 7. | Jordy Kok | ZV Waterland | 1:04.93 8701783 FJ 2 | 1:05.81 |
| 8. | Arjan Baron | DAW-FINENZO | 1:07.24 9100067 | 1:06.95 |
| 9. | Martijn van Gelderen | DAW-FINENZO | 1:07.06 8900939 | 1:07.15 |
| 10. | Wouter Dogger | MSV- Zeemacht | 1:09.43 8400515 | 1:08.75 |
| 11. | Rowan Schaap | DAW-FINENZO | 1:08.84 8902729 | 1:09.68 |
| 12. | Fred Heemstra | DAW-FINENZO | 1:10.59 6500357 | 1:12.14 |
| 13. | Stefan Bouwman | ZV Waterland | 1:10.58 9100251 | 1:12.15 |
| 14. | Robin Schilder | Ed-Vo | 1:10.90 9006787 | 1:12.26 |
| 15. | Rene de Boer | DAW-FINENZO | 1:09.06 6400087 | 1:12.76 |
| 16. | Loege Schilder | Ed-Vo | NT 7801683 | 1:14.36 |
| 17. | Pieter Bakker | MSV- Zeemacht | 1:10.67 8800113 | 1:14.67 |
| 18. | Nicky Kok | ZV Waterland | 1:08.04 8801931 | 1:16.47 |
| 19. | Hans Schoenmakers | DAW-FINENZO | 1:14.02 6900863 | 1:16.83 |
| AFGEM | Michael Bes | MSV- Zeemacht | 1:05.02 7201205 | |

C Competitie deel 1
alkmaar, 4.10.2009

Programmanr. 12
4-10-2009 - 14:30

Meisjes, 100m vlinderslag

Meisjes Junioren 3 en later
Resultaten

| Rang | | | In.tijd | | 50m | 100m |
|------|------------------|---------------|---------|---------|-----|---------|
| 1. | Lara Deul | Ed-Vo | 1:15.75 | 9602480 | | 1:15.80 |
| 2. | Laura Stokx | DAW-FINENZO | 1:25.71 | 9601510 | | 1:20.00 |
| 3. | Janine Kroon | Ed-Vo | 1:18.43 | 9600600 | | 1:23.50 |
| 4. | Renee v.d. Brink | MSV- Zeemacht | 1:26.74 | 9602732 | | 1:24.95 |
| 5. | Rebecca Martens | DAW-FINENZO | 1:22.65 | 9604352 | | 1:26.69 |
| 6. | Britt Gerritse | MSV- Zeemacht | 1:26.21 | 9605514 | | 1:28.98 |
| 7. | Lisa Schellinger | ZV Waterland | 1:33.22 | 9602006 | | 1:32.81 |
| 8. | Elena Peeters | DAW-FINENZO | 1:38.75 | 9603690 | | 1:37.08 |
| 9. | Yvanna Zuurveld | DAW-FINENZO | 1:44.15 | 9702998 | | 1:39.90 |
| 10. | Monica Schouten | ZV Waterland | 1:39.37 | 9602828 | | 1:41.20 |
| 11. | Isabelle Otte | Ed-Vo | 1:42.83 | 9702646 | | 1:43.57 |
| 12. | Fenke Bosschert | DAW-FINENZO | 1:47.53 | 9704724 | | 1:47.02 |
| DIS | Nathalja Wiersma | DAW-FINENZO | 1:47.28 | 9603336 | VE | 1:39.25 |
| DIS | Lotte Hoogeterp | DAW-FINENZO | 1:49.14 | 9703878 | VG | 1:44.06 |
| DIS | Tami de Lange | DAW-FINENZO | 1:03.19 | 9704116 | VC | 1:52.88 |

Programmanr. 14
4-10-2009 - 14:35

Jongens, 100m rugslag

Jongens Junioren 2 en later
Resultaten

| Rang | | | In.tijd | | 50m | 100m |
|-------|--------------------|---------------|---------|---------|-----|---------|
| 1. | Levi Tol | Ed-Vo | 1:20.94 | 9700351 | | 1:22.11 |
| 2. | Jos Kalverboer | ZV Waterland | 1:30.79 | 9602241 | | 1:27.54 |
| 3. | Victor Nieuwstad | MSV- Zeemacht | 1:35.05 | 9702177 | | 1:28.09 |
| 4. | Martijn Falk | DAW-FINENZO | 1:33.08 | 9601457 | | 1:28.93 |
| 5. | Lorenzo Runderkamp | Ed-Vo | 1:42.41 | 9703491 | | 1:35.42 |
| 6. | Nico Karregat | Ed-Vo | 1:35.56 | 9701001 | | 1:36.04 |
| 7. | Davy Barrett | MSV- Zeemacht | 1:37.84 | 9701115 | | 1:36.20 |
| 8. | Herke Brugman | ZV Waterland | 1:53.88 | 9604143 | | 1:44.87 |
| DIS | Dani Hoetmer | DAW-FINENZO | 1:26.59 | 9604503 | RF | 1:21.86 |
| AFGEM | Maurits de Bruijn | DAW-FINENZO | 1:27.84 | 9700917 | | |

Programmanr. 15
4-10-2009 - 14:40

Meisjes, 50m vrije slag

Meisjes Minioren 4,5, Junioren 1
Resultaten

| Rang | | | In.tijd | | Tijd |
|------|-----------------------|---------------|---------|---------|-------------------|
| 1. | Saritha van Zanten | ZV Waterland | 33.57 | 9801220 | 33.47 |
| 2. | Kimberley Kort | DAW-FINENZO | 38.58 | 9804698 | 35.69 |
| 3. | Kyra Wijnker | MSV- Zeemacht | 37.86 | 9803342 | 36.80 |
| 4. | Anouk Zandbergen | MSV- Zeemacht | 39.25 | 9802774 | 38.00 |
| 5. | Leonie Vos | DAW-FINENZO | 40.50 | 9901662 | 38.38 |
| 6. | Jasmijn Padt | DAW-FINENZO | 40.26 | 9900156 | 38.80 |
| 7. | Merel Tol | Ed-Vo | 39.40 | 9800300 | 39.12 FJ 1 |
| 8. | Suzanne van den Brink | MSV- Zeemacht | 39.53 | 9901438 | 39.12 FJ 2 |
| 9. | Nika Marinus | MSV- Zeemacht | 40.20 | 9801212 | 39.20 |
| 10. | Tarryn Macleod | DAW-FINENZO | 42.32 | 9801622 | 39.78 |
| 11. | Denise Boonstra | DAW-FINENZO | 41.79 | 9902662 | 40.47 |
| 12. | Roanne Stolk | ZV Waterland | 39.14 | 9801002 | 40.66 |
| 13. | Nicolah Cowles | DAW-FINENZO | 45.79 | 9902912 | 41.68 |
| 14. | Isabel Huisintveld | DAW-FINENZO | 43.34 | 9803846 | 41.69 |
| 15. | Steffi Schijf | DAW-FINENZO | 47.14 | 0001476 | 41.74 |
| 16. | Nikki Zandbergen | MSV- Zeemacht | 43.97 | 9802776 | 42.00 |

C Competitie deel 1
alkmaar, 4.10.2009

Programmanr. 15, Meisjes, 50m vrije slag, Meisjes Minioren 4,5, Junioren 1

| Rang | | | In.tijd | | Tijd |
|------|-----------------------|--------------|---------|------------|-------------------|
| 17. | Michelle Verhoeven | Ed-Vo | 40.08 | 0001922 | 42.06 |
| 18. | Saskia van der Velden | DAW-FINENZO | 46.54 | 0001478 | 42.32 |
| 19. | Chantal Hetjes | Ed-Vo | 43.55 | 0001510 | 42.38 |
| 20. | Esmee Veerman | Ed-Vo | 48.19 | 9904042 | 43.92 |
| 21. | Viveka Verhage | DAW-FINENZO | 46.56 | 0001480 | 44.53 |
| 22. | Ilona Stroek | Ed-Vo | 50.37 | 0002434 | 45.43 |
| 23. | Daphne de Groot | Ed-Vo | 46.52 | 0001434 | 46.73 |
| 24. | Rebecca Schipper | ZV Waterland | 47.61 | 9902240 | 47.60 FJ 1 |
| 25. | Isa Versteeg | DAW-FINENZO | 48.08 | 9804270 | 47.60 FJ 2 |
| 26. | Lieke Alofs | DAW-FINENZO | 48.97 | 9903232 | 47.73 |
| 27. | Talya de Lange | DAW-FINENZO | 55.59 | 9902190 | 49.18 |
| 28. | Roos Windt | ZV Waterland | | NT 0002614 | 49.20 |
| 29. | Celine van Dijk | DAW-FINENZO | 49.88 | 9902664 | 52.13 |
| 30. | Caitlin Berkel | ZV Waterland | 55.41 | 0000608 | 55.09 |
| 31. | Eline Wiersma | DAW-FINENZO | 58.42 | 0001482 | 56.32 |

Programmanr. 16
4-10-2009 - 14:45

Jongens, 100m wisselslag

Jongens Minioren 4,5,6
Resultaten

| Rang | | | In.tijd | | 50m | 100m |
|------|--------------------|---------------|---------|------------|-----|---------|
| 1. | Rick van Zanten | ZV Waterland | 1:25.43 | 9800351 | | 1:25.02 |
| 2. | Bas Vlugt | Ed-Vo | 1:25.70 | 9900727 | | 1:27.98 |
| 3. | Joost van Erkelens | DAW-FINENZO | 1:37.34 | 9901927 | | 1:33.30 |
| 4. | Sander Karregat | Ed-Vo | 1:32.02 | 9800367 | | 1:33.45 |
| 5. | Frank Dekker | DAW-FINENZO | 1:40.59 | 9801155 | | 1:33.47 |
| 6. | Sander Dorland | ZV Waterland | 1:38.83 | 9902643 | | 1:34.40 |
| 7. | Raoul Lieverst | DAW-FINENZO | 1:36.32 | 9900713 | | 1:35.45 |
| 8. | Jordi de Nijs | MSV- Zeemacht | 1:37.59 | 9801851 | | 1:39.46 |
| 9. | Mike Schilder | Ed-Vo | 1:44.56 | 0000767 | | 1:41.70 |
| 10. | Nanne Brugman | ZV Waterland | 1:44.16 | 9901367 | | 1:42.51 |
| 11. | Vito Meij | ZV Waterland | 1:46.87 | 9900777 | | 1:43.59 |
| 12. | Rico Tol | Ed-Vo | 1:54.07 | 9804123 | | 1:45.28 |
| 13. | Ian Berkel | ZV Waterland | 1:49.25 | 9801199 | | 1:46.52 |
| 14. | Kees Determan | ZV Waterland | 1:53.57 | 9901365 | | 1:48.78 |
| 15. | Erik Bult | DAW-FINENZO | 1:54.50 | 9902153 | | 1:48.86 |
| 16. | Jason Macleod | DAW-FINENZO | 2:11.41 | 0000973 | | 2:03.23 |
| DIS | Max Pusch | DAW-FINENZO | 1:39.56 | 9802959 | RH | 1:36.46 |
| DIS | Sander Kesselaar | MSV- Zeemacht | 1:51.96 | 9902009 | RH | 1:45.65 |
| DIS | Aman Singhvi | DAW-FINENZO | | NT 0000981 | | 2:19.54 |

Programmanr. 17
4-10-2009 - 14:55

Dames, 400m vrije slag

Dames Senioren Open
Resultaten

| Rang | | | In.tijd | | 100m | 200m | 300m | 400m |
|------|---------------------|---------------|---------|------------|------|------|------|---------|
| 1. | Tessa Mosch | MSV- Zeemacht | 5:18.30 | 9102172 | | | | 5:06.95 |
| 2. | Rosa Schot | DAW-FINENZO | 5:31.74 | 9207500 | | | | 5:14.72 |
| 3. | Sophie Padt | DAW-FINENZO | 5:04.09 | 9601514 | | | | 5:16.40 |
| 4. | Ingrid de Does-Sier | Ed-Vo | 5:11.35 | 8000996 | | | | 5:18.80 |
| 5. | Ryanne van Gulik | ZV Waterland | 5:31.57 | 8905470 | | | | 5:23.87 |
| 6. | Jenny de Does | Ed-Vo | 5:36.20 | 8200400 | | | | 5:24.76 |
| 7. | Sandra Kok | Ed-Vo | | NT 9107424 | | | | 5:25.67 |
| 8. | Cathy Kalverboer | ZV Waterland | 5:29.82 | 9101528 | | | | 5:27.79 |

C Competitie deel 1
alkmaar, 4.10.2009

Programmanr. 17, Dames, 400m vrije slag, Dames Senioren Open

| Rang | | In.tijd | 100m | 200m | 300m | 400m |
|------|----------------------------------|-----------------|------|------|------|---------|
| 9. | Ashley Schouwenaar MSV- Zeemacht | 5:35.92 9205692 | | | | 5:27.88 |
| 10. | Agnes de Does Ed-Vo | 5:35.70 8200398 | | | | 5:34.61 |
| 11. | Mieke van Driel ZV Waterland | 5:21.53 8901008 | | | | 5:42.07 |
| 12. | Joyce Geschiere Ed-Vo | 6:27.84 9007526 | | | | 5:43.26 |
| 13. | Lisa Bakels Ed-Vo | 5:38.16 9000106 | | | | 5:59.93 |

Programmanr. 18
4-10-2009 - 15:10

Heren, 100m schoolslag

Heren Senioren Open
Resultaten

| Rang | | In.tijd | 50m | 100m |
|-------|----------------------------------|--------------------|-----|---------|
| 1. | Rian Visser DAW-FINENZO | 1:11.70 9007141 | | 1:11.12 |
| 2. | Paul Schuurmans MSV- Zeemacht | 1:09.72 8904791 | | 1:11.55 |
| 3. | Tom van Gulik ZV Waterland | 1:12.40 8400799 | | 1:14.50 |
| 4. | Fred Bond Ed-Vo | 1:10.81 8905697 | | 1:14.67 |
| 5. | Richard Veerman Ed-Vo | 1:16.78 9106345 | | 1:15.28 |
| 6. | Kevin vd Poll DAW-FINENZO | 1:12.27 8602429 | | 1:15.89 |
| 7. | Matthijs Dinkla ZV Waterland | 1:16.36 9000687 | | 1:17.76 |
| 8. | Martijn van Gelderen DAW-FINENZO | 1:15.50 8900939 | | 1:18.33 |
| 9. | Gerben Rozie MSV- Zeemacht | 1:17.50 9002507 | | 1:20.57 |
| 10. | Pieter Bakker MSV- Zeemacht | 1:15.70 8800113 | | 1:21.51 |
| 11. | Hans Schoenmakers DAW-FINENZO | 1:18.48 6900863 | | 1:22.93 |
| 12. | Loege Schilder Ed-Vo | 1:29.84 7801683 | | 1:25.76 |
| 13. | Robin Schilder Ed-Vo | 1:26.20 9006787 | | 1:26.25 |
| DIS | Jordy Kok ZV Waterland | 1:14.76 8701783 SD | | 1:15.75 |
| AFGEM | Michael Bes MSV- Zeemacht | 1:12.20 7201205 | | |

Programmanr. 19
4-10-2009 - 15:10

Dames, 200m schoolslag

Dames Senioren 2 en later
Resultaten

| Rang | | In.tijd | 50m | 100m | 150m | 200m |
|------|-----------------------------------|-----------------|-----|------|------|---------|
| 1. | Ilse van Niekerk DAW-FINENZO | 3:03.56 9406180 | | | | 3:09.07 |
| 2. | Rozemarijn de Waart ZV Waterland | 3:14.70 9201954 | | | | 3:13.96 |
| 3. | Evelien Jurriansen MSV- Zeemacht | 3:20.88 9207504 | | | | 3:19.24 |
| 4. | Katelijn IJssennagger DAW-FINENZO | 3:19.66 9306764 | | | | 3:19.89 |
| 5. | Dieuwertje Jorink DAW-FINENZO | 3:04.20 9302306 | | | | 3:20.33 |
| 6. | Sharon Snoek Ed-Vo | 3:34.24 9207734 | | | | 3:25.97 |
| 7. | Marije Visser MSV- Zeemacht | NT 9307660 | | | | 3:30.74 |
| 8. | Elise Keijzer Ed-Vo | 3:32.16 9207456 | | | | 3:32.30 |
| 9. | Iris van de Sandt MSV- Zeemacht | NT 9307568 | | | | 3:45.94 |
| 10. | Angela Tol Ed-Vo | 3:51.09 9307222 | | | | 3:46.81 |

Programmanr. 20
4-10-2009 - 15:20

Jongens, 100m rugslag

Jongens Jeugd 2 en later
Resultaten

| Rang | | In.tijd | 50m | 100m |
|------|--|---------|-----|------|
|------|--|---------|-----|------|

C Competitie deel 1
alkmaar, 4.10.2009

Programmanr. 20, Jongens, 100m rugslag

| | | | | | |
|-------|--------------------|---------------|---------|---------|---------|
| 1. | Sverre Eschweiler | MSV- Zeemacht | 57.77 | 9204035 | 59.79 |
| 2. | Vincent Schram | DAW-FINENZO | 1:06.31 | 9402041 | 1:06.93 |
| 3. | Nick Venema | ZV Waterland | 1:08.66 | 9300951 | 1:07.27 |
| 4. | João Schilder | ZV Waterland | 1:10.82 | 9202145 | 1:09.04 |
| 5. | Kees Veerman | Ed-Vo | 1:06.81 | 9205457 | 1:09.77 |
| 6. | Rob Tol | Ed-Vo | 1:12.54 | 9205459 | 1:14.01 |
| 7. | Rick Bond | Ed-Vo | 1:14.06 | 9303871 | 1:15.56 |
| 8. | Sander Kesting | ZV Waterland | 1:16.55 | 9202141 | 1:16.82 |
| 8. | Bas Cavadino | Ed-Vo | 1:20.00 | 9206887 | 1:16.82 |
| 10. | Pepijn Jorink | DAW-FINENZO | 1:24.41 | 9502575 | 1:18.13 |
| 11. | Tim de Graaf | ZV Waterland | 1:10.73 | 9202137 | 1:18.15 |
| 12. | Bryan Kroon | Ed-Vo | 1:16.29 | 9402341 | 1:19.22 |
| 13. | Maikel Boes | ZV Waterland | 1:18.78 | 9204629 | 1:19.71 |
| 14. | Richard Brink | MSV- Zeemacht | 1:19.37 | 9203691 | 1:21.11 |
| NG.ZA | Tom van der Zijden | DAW-FINENZO | NT | 9306889 | |

Programmanr. 21
4-10-2009 - 15:25

Meisjes, 100m schoolslag

Meisjes Jeugd 2 en later
Resultaten

| Rang | | | In.tijd | | 50m | 100m |
|------|---------------------|---------------|---------|---------|------|---------|
| 1. | Tess de Boer | DAW-FINENZO | 1:32.47 | 9601516 | | 1:27.81 |
| 2. | Suzanne Mosch | MSV- Zeemacht | 1:33.92 | 9400548 | | 1:31.07 |
| 3. | Sabrina van der Vis | ZV Waterland | 1:30.02 | 9503298 | FJ 1 | 1:33.05 |
| 4. | Esmee Bont | Ed-Vo | 1:34.24 | 9502336 | FJ 2 | 1:33.05 |
| 5. | Manon Sier | Ed-Vo | 1:35.83 | 9403210 | | 1:35.94 |
| 6. | Lisa Koster | DAW-FINENZO | 1:28.10 | 9401682 | | 1:36.60 |
| 7. | Anouk van de Sandt | MSV- Zeemacht | 1:39.13 | 9604628 | | 1:37.25 |
| 8. | Melissa Eliveld | DAW-FINENZO | 1:34.31 | 9500524 | | 1:37.61 |
| 9. | Annemarie Otte | Ed-Vo | 1:42.71 | 9603810 | | 1:41.64 |
| DIS | Hester Boes | ZV Waterland | 1:35.08 | 9403670 | SQ | 1:31.95 |

Programmanr. 22
4-10-2009 - 15:30

Jongens, 200m vrije slag

Jongens Junioren 4 en later
Resultaten

| Rang | | | In.tijd | | 50m | 100m | 150m | 200m |
|------|------------------|---------------|---------|---------|-----|------|------|---------|
| 1. | Ruben Tol | Ed-Vo | 2:03.94 | 9501119 | | | | 2:03.66 |
| 2. | Job Boersma | DAW-FINENZO | 2:19.23 | 9501185 | | | | 2:14.34 |
| 3. | Gerco Kalverboer | ZV Waterland | 2:14.23 | 9400231 | | | | 2:14.45 |
| 4. | Rico Roels | DAW-FINENZO | 2:11.92 | 9403119 | | | | 2:15.30 |
| 5. | Remco Tol | Ed-Vo | 2:11.87 | 9501505 | | | | 2:15.56 |
| 6. | Christiaan Zwaal | MSV- Zeemacht | 2:22.55 | 9503881 | | | | 2:20.79 |
| 7. | Jasper Falk | DAW-FINENZO | 2:20.14 | 9502785 | | | | 2:20.97 |
| 8. | Koen Kesting | ZV Waterland | 2:22.48 | 9400225 | | | | 2:23.43 |
| 9. | Rowdy Spaltman | DAW-FINENZO | 2:24.69 | 9501747 | | | | 2:25.65 |
| 10. | Glenn Smit | DAW-FINENZO | 2:23.58 | 9401599 | | | | 2:26.37 |
| 11. | Paul de Graaf | ZV Waterland | 2:26.07 | 9500107 | | | | 2:26.56 |
| 12. | Sam Buter | DAW-FINENZO | 2:58.19 | 9502783 | | | | 2:57.22 |
| 13. | Tim Huisintveld | DAW-FINENZO | 3:31.44 | 9504301 | | | | 2:59.39 |

C Competitie deel 1
alkmaar, 4.10.2009

Programmanr. 23
4-10-2009 - 15:40

Dames, 100m wisselslag

Dames Senioren Open
Resultaten

| Rang | | | In.tijd | | 50m | 100m |
|-------|---------------------|---------------|---------|--------------|-----|---------|
| 1. | Tessa Mosch | MSV- Zeemacht | 1:11.14 | 9102172 | | 1:15.64 |
| 2. | Monique Tol-Tuijp | Ed-Vo | 1:14.19 | 6900800 | | 1:16.18 |
| 3. | Rosa Schot | DAW-FINENZO | 1:18.05 | 9207500 | | 1:16.32 |
| 4. | Sarah de Waart | ZV Waterland | 1:17.85 | 9103400 | | 1:16.85 |
| 5. | Ilona Hogerheyde | DAW-FINENZO | 1:14.62 | 7400224 FJ 1 | | 1:17.88 |
| 6. | Ilana Schaap | DAW-FINENZO | 1:15.35 | 9102714 FJ 2 | | 1:17.88 |
| 7. | Ingrid de Does-Sier | Ed-Vo | 1:14.21 | 8000996 | | 1:18.98 |
| 8. | Chantal Molenkamp | DAW-FINENZO | 1:15.84 | 9002624 | | 1:19.79 |
| 9. | Ryanne van Gulik | ZV Waterland | 1:17.34 | 8905470 | | 1:20.21 |
| 10. | Jenny de Does | Ed-Vo | 1:19.18 | 8200400 | | 1:20.51 |
| 11. | Agnes de Does | Ed-Vo | 1:19.53 | 8200398 | | 1:21.33 |
| 12. | Sophie Padt | DAW-FINENZO | 1:21.62 | 9601514 | | 1:23.04 |
| 13. | Marianne Bakker | MSV- Zeemacht | 1:21.27 | 8500104 | | 1:23.23 |
| 14. | Joyce Geschiere | Ed-Vo | 1:22.35 | 9007526 | | 1:25.40 |
| 15. | Ashley Schouwenaar | MSV- Zeemacht | 1:25.69 | 9205692 | | 1:26.08 |
| 16. | Stephanie Havenaar | ZV Waterland | 1:23.54 | 8901604 | | 1:26.56 |
| 17. | Lisa Bakels | Ed-Vo | 1:21.32 | 9000106 | | 1:27.03 |
| 18. | Mieke van Driel | ZV Waterland | 1:20.22 | 8901008 | | 1:28.48 |
| 19. | Ellen van Driel | ZV Waterland | 1:21.47 | 9000906 | | 1:30.81 |
| AFGEM | Sandra Kok | Ed-Vo | NT | 9107424 | | |

Programmanr. 24
4-10-2009 - 15:45

Heren, 50m rugslag

Heren Senioren Open
Resultaten

| Rang | | | In.tijd | | Tijd |
|-------|----------------------|---------------|---------|---------|--------------|
| 1. | Fred Bond | Ed-Vo | 29.44 | 8905697 | 29.70 |
| 2. | Rowan Schaap | DAW-FINENZO | 31.11 | 8902729 | 30.75 |
| 3. | Richard Veerman | Ed-Vo | 31.56 | 9106345 | 30.94 |
| 4. | Arjan Baron | DAW-FINENZO | 30.77 | 9100067 | 31.13 |
| 5. | Wouter Dogger | MSV- Zeemacht | 34.00 | 8400515 | 31.16 |
| 6. | Nicky Kok | ZV Waterland | 31.35 | 8801931 | 32.01 |
| 7. | Tom van Gulik | ZV Waterland | 31.05 | 8400799 | 32.18 |
| 8. | Fred Heemstra | DAW-FINENZO | 32.17 | 6500357 | 32.54 |
| 9. | Martijn van Gelderen | DAW-FINENZO | 31.08 | 8900939 | 32.66 |
| 10. | Stefan Bouwman | ZV Waterland | 32.00 | 9100251 | 32.67 |
| 11. | Paul Schuurmans | MSV- Zeemacht | 32.16 | 8904791 | 32.76 |
| 12. | Kevin vd Poll | DAW-FINENZO | 31.09 | 8602429 | 34.39 |
| 13. | Matthijs Dinkla | ZV Waterland | 34.07 | 9000687 | 34.46 |
| 14. | Rian Visser | DAW-FINENZO | 32.70 | 9007141 | 34.73 |
| 15. | Gerben Rozie | MSV- Zeemacht | 35.62 | 9002507 | 36.51 |
| 16. | Loege Schilder | Ed-Vo | 38.71 | 7801683 | 36.52 |
| 17. | Robin Schilder | Ed-Vo | 36.40 | 9006787 | 37.31 |
| 18. | Pieter Bakker | MSV- Zeemacht | 37.23 | 8800113 | 39.44 |
| AFGEM | Michael Bes | MSV- Zeemacht | 31.61 | 7201205 | |

C Competitie deel 1
alkmaar, 4.10.2009

Programmanr. 26
4-10-2009 - 15:45

Meisjes, 100m rugslag

Meisjes Junioren 3 en later
Resultaten

| Rang | | | In.tijd | 50m | 100m |
|------|------------------|---------------|-----------------|-----|---------|
| 1. | Laura Stokx | DAW-FINENZO | 1:16.31 9601510 | | 1:18.85 |
| 2. | Lara Deul | Ed-Vo | 1:21.98 9602480 | | 1:22.87 |
| 3. | Janine Kroon | Ed-Vo | 1:18.62 9600600 | | 1:24.77 |
| 4. | Rebecca Martens | DAW-FINENZO | 1:25.31 9604352 | | 1:25.46 |
| 5. | Britt Gerritse | MSV- Zeemacht | 1:24.58 9605514 | | 1:25.53 |
| 6. | Lisa Schellinger | ZV Waterland | 1:24.40 9602006 | | 1:26.11 |
| 7. | Renee v.d. Brink | MSV- Zeemacht | 1:28.01 9602732 | | 1:26.47 |
| 8. | Elena Peeters | DAW-FINENZO | 1:38.30 9603690 | | 1:27.11 |
| 9. | Nathalja Wiersma | DAW-FINENZO | 1:31.81 9603336 | | 1:27.45 |
| 10. | Tami de Lange | DAW-FINENZO | 1:33.07 9704116 | | 1:28.18 |
| 11. | Isabelle Otte | Ed-Vo | 1:33.46 9702646 | | 1:28.51 |
| 12. | Yvanna Zuurveld | DAW-FINENZO | 1:32.48 9702998 | | 1:28.65 |
| 13. | Lotte Hoogeterp | DAW-FINENZO | 1:32.69 9703878 | | 1:30.47 |
| 14. | Monica Schouten | ZV Waterland | 1:29.58 9602828 | | 1:31.17 |
| 15. | Fenke Bosschert | DAW-FINENZO | 1:36.28 9704724 | | 1:32.00 |
| 16. | Merel Versteeg | DAW-FINENZO | 1:47.52 9704836 | | 1:43.90 |

Programmanr. 27
4-10-2009 - 15:50

Jongens, 100m vlinderslag

Jongens Junioren 2 en later
Resultaten

| Rang | | | In.tijd | 50m | 100m |
|-------|--------------------|---------------|-----------------|-----|---------|
| 1. | Levi Tol | Ed-Vo | 1:19.67 9700351 | | 1:22.39 |
| 2. | Victor Nieuwstad | MSV- Zeemacht | 1:32.30 9702177 | | 1:32.79 |
| 3. | Jos Kalverboer | ZV Waterland | 1:35.00 9602241 | | 1:33.13 |
| 4. | Dani Hoetmer | DAW-FINENZO | 1:34.36 9604503 | | 1:36.75 |
| 5. | Nico Karregat | Ed-Vo | 1:40.38 9701001 | | 1:41.26 |
| 6. | Martijn Falk | DAW-FINENZO | 1:46.03 9601457 | | 1:47.78 |
| 7. | Lorenzo Runderkamp | Ed-Vo | 2:00.16 9703491 | | 1:53.40 |
| 8. | Davy Barrett | MSV- Zeemacht | 1:55.00 9701115 | | 1:58.18 |
| 9. | Herke Brugman | ZV Waterland | 2:21.93 9604143 | | 2:11.43 |
| AFGEM | Maurits de Bruijn | DAW-FINENZO | 1:39.37 9700917 | | |

Programmanr. 28
4-10-2009 - 16:00

Meisjes, 100m wisselslag

Meisjes Minioren 4,5, Junioren 1
Resultaten

| Rang | | | In.tijd | 50m | 100m |
|------|-----------------------|---------------|-----------------|-----|---------|
| 1. | Saritha van Zanten | ZV Waterland | 1:25.57 9801220 | | 1:26.19 |
| 2. | Kyra Wijnker | MSV- Zeemacht | 1:34.38 9803342 | | 1:30.69 |
| 3. | Kimberley Kort | DAW-FINENZO | NT 9804698 | | 1:33.08 |
| 4. | Anouk Zandbergen | MSV- Zeemacht | NT 9802774 | | 1:35.07 |
| 5. | Roanne Stolk | ZV Waterland | 1:34.43 9801002 | | 1:36.58 |
| 6. | Merel Tol | Ed-Vo | 1:37.00 9800300 | | 1:37.32 |
| 7. | Suzanne van den Brink | MSV- Zeemacht | 1:57.86 9901438 | | 1:37.76 |
| 8. | Jasmijn Padt | DAW-FINENZO | 1:42.71 9900156 | | 1:39.93 |
| 9. | Nicolah Cowles | DAW-FINENZO | 1:51.38 9902912 | | 1:40.62 |
| 10. | Tarryn Macleod | DAW-FINENZO | 1:46.77 9801622 | | 1:42.79 |
| 11. | Michelle Verhoeven | Ed-Vo | 1:43.37 0001922 | | 1:45.83 |
| 12. | Saskia van der Velden | DAW-FINENZO | 1:49.21 0001478 | | 1:47.53 |
| 13. | Chantal Hetjes | Ed-Vo | 1:51.64 0001510 | | 1:47.56 |
| 14. | Denise Boonstra | DAW-FINENZO | 1:53.36 9902662 | | 1:47.80 |

C Competitie deel 1
alkmaar, 4.10.2009

Programmanr. 28, Meisjes, 100m wisselslag, Meisjes Minioren 4,5, Junioren 1

| Rang | | | In.tijd | | 50m | 100m |
|------|--------------------|---------------|---------|---------------|-----|---------|
| 15. | Nika Marinus | MSV- Zeemacht | 1:42.29 | 9801212 | | 1:48.28 |
| 16. | Daphne de Groot | Ed-Vo | 1:46.89 | 0001434 | | 1:48.90 |
| 17. | Esmee Veerman | Ed-Vo | | NT 9904042 | | 1:51.88 |
| 18. | Nikki Zandbergen | MSV- Zeemacht | 2:05.14 | 9802776 | | 1:52.54 |
| 19. | Viveka Verhage | DAW-FINENZO | 1:53.35 | 0001480 | | 1:52.55 |
| 20. | Steffi Schijf | DAW-FINENZO | 2:00.89 | 0001476 | | 1:53.26 |
| 21. | Ilona Stroek | Ed-Vo | 2:03.93 | 0002434 | | 1:57.70 |
| 22. | Leonie Vos | DAW-FINENZO | 1:43.62 | 9901662 | | 1:58.44 |
| 23. | Roos Windt | ZV Waterland | | NT 0002614 | | 1:59.31 |
| 24. | Talya de Lange | DAW-FINENZO | 2:06.84 | 9902190 | | 2:00.75 |
| 25. | Rebecca Schipper | ZV Waterland | 1:58.74 | 9902240 | | 2:01.56 |
| 26. | Eline Wiersma | DAW-FINENZO | 2:13.41 | 0001482 | | 2:09.93 |
| 27. | Caitlin Berkel | ZV Waterland | | NT 0000608 | | 2:17.88 |
| DIS | Isabel Huisintveld | DAW-FINENZO | | NT 9803846 RH | | 1:52.68 |
| DIS | Isa Versteeg | DAW-FINENZO | | NT 9804270 VC | | 2:01.68 |
| DIS | Lieke Alofs | DAW-FINENZO | 2:00.20 | 9903232 RH | | 2:05.14 |
| DIS | Celine van Dijk | DAW-FINENZO | 2:03.16 | 9902664 RH | | 2:14.92 |

Programmanr. 29
4-10-2009 - 16:05

Jongens, 50m vrije slag

Jongens Minioren 4,5,6
Resultaten

| Rang | | | In.tijd | | Tijd |
|------|--------------------|---------------|---------|------------|--------------|
| 1. | Rick van Zanten | ZV Waterland | 34.75 | 9800351 | 34.70 |
| 2. | Sander Karregat | Ed-Vo | 34.33 | 9800367 | 34.80 |
| 3. | Bas Vlugt | Ed-Vo | 35.66 | 9900727 | 35.58 |
| 4. | Jordi de Nijs | MSV- Zeemacht | 36.68 | 9801851 | 36.25 |
| 5. | Joost van Erkelens | DAW-FINENZO | 40.06 | 9901927 | 36.50 |
| 6. | Raoul Lieverst | DAW-FINENZO | 38.40 | 9900713 | 37.81 |
| 7. | Sander Dorland | ZV Waterland | 38.86 | 9902643 | 38.13 |
| 8. | Frank Dekker | DAW-FINENZO | 41.59 | 9801155 | 39.66 |
| 9. | Max Pusch | DAW-FINENZO | 42.15 | 9802959 | 40.69 |
| 10. | Nanne Brugman | ZV Waterland | 43.90 | 9901367 | 41.13 |
| 11. | Mike Schilder | Ed-Vo | 42.34 | 0000767 | 41.54 |
| 12. | Rico Tol | Ed-Vo | | NT 9804123 | 41.60 |
| 13. | Sander Kesselaar | MSV- Zeemacht | 38.29 | 9902009 | 41.73 |
| 14. | Erik Bult | DAW-FINENZO | 43.29 | 9902153 | 42.32 |
| 15. | Vito Meij | ZV Waterland | 43.61 | 9900777 | 42.34 |
| 16. | Ian Berkel | ZV Waterland | 42.57 | 9801199 | 43.54 |
| 17. | Kees Determan | ZV Waterland | 45.87 | 9901365 | 45.57 |
| 18. | Jason Macleod | DAW-FINENZO | 51.05 | 0000973 | 52.07 |
| 19. | Aman Singhvi | DAW-FINENZO | 56.37 | 0000981 | 56.63 |

Programmanr. 30
4-10-2009 - 16:10

Dames, 4 x 100m wisselslag

Dames Senioren Open
Resultaten

| Rang | | | In.tijd | | Tijd |
|------|--|--|---------|--|------|
|------|--|--|---------|--|------|

C Competitie deel 1
alkmaar, 4.10.2009

Programmanr. 30, Dames, 4 x 100m wisselslag

| | | | | | |
|---------------------|----|---------------|------------------|----|----------------|
| 1. MSV- Zeemacht 1 | | MSV- Zeemacht | 5:01.31 | | 5:08.08 |
| Evelien Jurriansen | 92 | 1:13.11 | Suzanne Mosch | 94 | |
| Tessa Mosch | 91 | | Britt Gerritse | 96 | |
| 2. ZV Waterland 1 | | ZV Waterland | 5:15.46 | | 5:13.92 |
| Cathy Kalverboer | 91 | 1:21.73 | Ryanne van Gulik | 89 | |
| Rozemarijn de Waart | 92 | | Sarah de Waart | 91 | |
| 3. DAW-FINENZO 1 | | DAW-FINENZO | 5:11.28 | | 5:15.19 |
| Ilse van Niekerk | 94 | 1:24.70 | Ilona Hogerheyde | 74 | |
| Tess de Boer | 96 | | Rosa Schot | 92 | |
| 4. Ed-Vo 1 | | Ed-Vo | 5:02.18 | | 5:16.47 |
| Lisa Bakels | 90 | 1:22.57 | Lara Deul | 96 | |
| Monique Tol-Tuijp | 69 | | Esmee Bont | 95 | |
| 5. Ed-Vo 2 | | Ed-Vo | 5:18.41 | | 5:37.50 |
| Joyce Geschiere | 90 | 1:27.72 | Janine Kroon | 96 | |
| Agnes de Does | 82 | | Jenny de Does | 82 | |
| 6. ZV Waterland 2 | | ZV Waterland | 5:25.99 | | 5:53.44 |
| Stephanie Havenaar | 89 | 1:26.71 | Mieke van Driel | 89 | |
| Sabrina van der Vis | 95 | | Renee Huster | 92 | |

Programmanr. 31
4-10-2009 - 16:20

Heren, 4 x 100m vrije slag

Heren Senioren Open
Resultaten

| Rang | | | In.tijd | | Tijd |
|--------------------|----|---------------|------------------|----|----------------|
| 1. Ed-Vo 1 | | Ed-Vo | 3:43.20 | | 3:40.53 |
| Kees Veerman | 92 | 56.52 | Richard Veerman | 91 | |
| Ruben Tol | 95 | | Fred Bond | 89 | |
| 2. ZV Waterland 1 | | ZV Waterland | 3:46.01 | | 3:48.65 |
| João Schilder | 92 | | Tom van Gulik | 84 | |
| Nick Venema | 93 | | Jordy Kok | 87 | |
| 3. DAW-FINENZO 1 | | DAW-FINENZO | 3:52.30 | | 3:55.56 |
| Job Boersma | 95 | 1:00.31 | Kevin vd Poll | 86 | |
| Arjan Baron | 91 | | Rian Visser | 90 | |
| 4. MSV- Zeemacht 1 | | MSV- Zeemacht | 3:46.73 | | 3:55.90 |
| Sverre Eschweiler | 92 | 53.15 | Pieter Bakker | 88 | |
| Gerben Rozie | 90 | | Wouter Dogger | 84 | |
| 5. ZV Waterland 2 | | ZV Waterland | 3:54.10 | | 4:06.01 |
| Matthijs Dinkla | 90 | 1:00.78 | Stefan Bouwman | 91 | |
| Tim de Graaf | 92 | | Nicky Kok | 88 | |
| 6. Ed-Vo 2 | | Ed-Vo | 4:02.09 | | 4:09.07 |
| Remco Tol | 95 | 1:01.07 | Bryan Kroon | 94 | |
| Robin Schilder | 90 | | Rob Tol | 92 | |
| 7. ZV Waterland 3 | | ZV Waterland | 4:15.61 | | 4:18.42 |
| Sander Kesting | 92 | 1:04.79 | Koen Kesting | 94 | |
| Paul de Graaf | 95 | | Gerco Kalverboer | 94 | |